

Bhikkhu Sanghasena Mahathera

Theravada - India

Venerable Bhikkhu Sanghasena was born in the Himalayan region of Ladakh - an ancient state in the northern most part of India. He was brought up in a religious family among people, who followed the ancient Buddhist traditions and believed in peacefulness, humility and innocence as the natural way of life.

At seventeen, he joined the Indian Army where he developed a strong sense of personal discipline. 1977 was a particularly significant year in his life, for this is when he felt the inner spiritual call and decided to leave the army. He left the mountains of Ladakh behind him to become a disciple of the renowned scholar and celebrated Buddhist monk, Venerable Acharya Buddharakkhita Maha Thera, the Founder President of the Maha Bodhi Society, Bangalore, India.

Having received full ordination, Ven. Sanghasena undertook enthusiastic studies of the Dhamma and also practised various methods of Buddhist meditation.

In 1986, Venerable Sanghasena founded the Mahabodhi International Meditation Centre (MIMC) in Ladakh. Since then he has worked tirelessly to put the Buddha's teachings on loving kindness and compassion into action through multifarious charitable humanitarian services which are being carried out in the 250 acres of moon-like desert that forms the impressive backdrop to the Devachan campus at Choglamsar, Ladakh.

His achievements are bountiful and reflective of his compassionate heart